

FREE SIX-WEEK ADULT GRIEF SUPPORT GROUP  
STARTING WEDNESDAY, AUGUST 21, 2024

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# Journey Through Grief

A Pathway to Hope, Renewal, and Inner Peace

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When a loved one dies we often experience complex, confusing and disorienting feelings. In a supportive way, you will receive information, education and encouragement to explore these feelings and learn how loss affects and transforms us.

## WHO SHOULD ATTEND?

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- Adults who are grieving the death of a spouse, parent, sibling, child, or friend
- Those who are grieving multiple losses
- Those grieving loved ones who died suddenly

## LOCATION:

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Kauai Hospice  
4457 Pahe`e St.  
Lihue, HI 96766

## DATES/TIME:

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WEDNESDAY 4:30pm - 6:00pm  
August 21, 28  
September 4, 11, 18, 25

To register call (808) 245-7277.  
Pre-registration is required.



Kauai Hospice  
*a special kind of caring*